



The information in this confidential personal history form is critical to the evaluation of your vision

Name \_\_\_\_\_ Date \_\_\_\_\_

Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City/State \_\_\_\_\_ Zip \_\_\_\_\_

Preferred Phone (\_\_\_\_\_) \_\_\_\_\_  Home  Cell  Work

Email \_\_\_\_\_

Date of your last eye examination \_\_\_\_\_ Have you ever had vision therapy?  Yes  No

Have you ever worn glasses?  Yes  No Do you wear glasses now?  Yes  No

If yes:  for distance only  for near only  wear them full time  for computer monitor  sports

Do you currently wear contact lenses?  Yes  No What type? \_\_\_\_\_

If yes:  wear them full time  for distance only  sports  on occasion / for social events

This is your opportunity to tell us about all areas in which your vision is not serving you well.

What is your main reason for coming here today?

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Are there any activities or tasks in work or daily life that are difficult or restricted because of your vision? Please explain.

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Please check the conditions that apply to you or that run in your family:

**HEALTH HISTORY:**

Allergies  Self  Family

Respiratory disease  Self  Family

Cancer  Self  Family

Diabetes  Self  Family

Elevated cholesterol  Self  Family

High blood pressure  Self  Family

Thyroid  Self  Family

Migraine or headaches  Self  Family

Gastrointestinal disease  Self  Family

Heart problems  Self  Family

Neurologic conditions  Self  Family

Please indicate any other medical or ocular conditions you have been diagnosed or being treated for

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**OCULAR HISTORY**

Retinal detachment  Self  Family

Color "blind"  Self  Family

Lazy eye  Self  Family

Blindness  Self  Family

Cataracts  Self  Family

Glaucoma  Self  Family

Double Vision  Self  Family

Dry eyes  Self  Family

Flashing lights  Self  Family

Floaters/spots  Self  Family

Eye surgery or injury \_\_\_\_\_

Have you ever had a history of a head trauma or concussion?  Yes  No

If yes: please fill out or request the Head Trauma Questionnaire

Do you have an eye turn?  Yes  No

If yes: Please fill out or request the Adult Strabismus Form

Are you under a physician's care?  No  Yes Dr.'s name? \_\_\_\_\_ Date of last physical \_\_\_\_\_

Are you regularly taking medications?  No  Yes

If yes, please list: 1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_

**OCCUPATION: What kind of work do you do?** \_\_\_\_\_

**Do you use a computer on your job?** . . . .  Yes  No # hours daily \_\_\_\_\_

**Do you use a computer at home?** . . . . .  Yes  No # hours daily \_\_\_\_\_

What lenses do you wear? . . . . .  None  glasses  bifocals  contacts

When computing, do your eyes bother you? . . . .  Yes  No

When computing do your eyes feel... ?  red  dry  ache  sore  light sensitive  blurry

**Do you experience any of the following discomforts at work or at home?**

	<u>Yes</u>	<u>No</u>	<u>If yes, when?</u>
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	
Blurred vision	<input type="checkbox"/>	<input type="checkbox"/>	
Double vision	<input type="checkbox"/>	<input type="checkbox"/>	
Tired eyes	<input type="checkbox"/>	<input type="checkbox"/>	
Eyestrain	<input type="checkbox"/>	<input type="checkbox"/>	
Motion sickness / car sickness	<input type="checkbox"/>	<input type="checkbox"/>	
Light sensitivity	<input type="checkbox"/>	<input type="checkbox"/>	
Closing or covering an eye to see better	<input type="checkbox"/>	<input type="checkbox"/>	
Need to hold paper close when reading or writing	<input type="checkbox"/>	<input type="checkbox"/>	
Head tilt	<input type="checkbox"/>	<input type="checkbox"/>	
Skipping or omitting words when reading	<input type="checkbox"/>	<input type="checkbox"/>	
Loss of place when reading	<input type="checkbox"/>	<input type="checkbox"/>	
Need to use finger to keep place	<input type="checkbox"/>	<input type="checkbox"/>	
Words moving or "swimming" during reading	<input type="checkbox"/>	<input type="checkbox"/>	
Poor reading comprehension	<input type="checkbox"/>	<input type="checkbox"/>	
Comprehension decreases over time	<input type="checkbox"/>	<input type="checkbox"/>	
Write or print poorly	<input type="checkbox"/>	<input type="checkbox"/>	
Fatigue easily	<input type="checkbox"/>	<input type="checkbox"/>	
Difficulty with short term memory	<input type="checkbox"/>	<input type="checkbox"/>	
Difficulty with long term memory	<input type="checkbox"/>	<input type="checkbox"/>	
Short attention span / loss of interest	<input type="checkbox"/>	<input type="checkbox"/>	
Difficulty attending to details	<input type="checkbox"/>	<input type="checkbox"/>	
Poor / awkward general motor coordination	<input type="checkbox"/>	<input type="checkbox"/>	
Poor fine motor coordination	<input type="checkbox"/>	<input type="checkbox"/>	
Difficulty judging distances	<input type="checkbox"/>	<input type="checkbox"/>	
Difficulty driving	<input type="checkbox"/>	<input type="checkbox"/>	
Dislike / avoid sports	<input type="checkbox"/>	<input type="checkbox"/>	
Discomfort or dizziness in crowded environments	<input type="checkbox"/>	<input type="checkbox"/>	

**RECREATION AND LEISURE:**

In what recreational activities do you participate? \_\_\_\_\_

Do you wear any special or protective eyewear for your sport?  Yes  No  Not Applicable

Do you feel your vision limits or prevents you from participating in any activities?  Yes  No

If yes, please explain \_\_\_\_\_

**REFERRAL INFORMATION**

**How were you referred to our office?**

Another Doctor/ Therapist  School  Relative  Friend  Insurance  Online Search  Website

If you were referred by another doctor or therapist please fill out with any information you have:

Practitioner name: \_\_\_\_\_ Specialty \_\_\_\_\_

Office or School name \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City/ State \_\_\_\_\_ Zip \_\_\_\_\_

Are you currently undergoing treatment by this physician or therapist?  Yes  No

If yes, for what conditions? \_\_\_\_\_ How many times per week/month? \_\_\_\_\_

**RELEASE OF INFORMATION:**

It is often beneficial for us to discuss examination results and to exchange information with other professionals involved in your care. Please sign below to authorize this exchange of information.

I authorize the release of medical information to other health care providers or insurance carriers upon their written request, or upon the recommendation of MIDTOWN VISION DEVELOPMENT CENTER when it is necessary for the treatment of my visual condition or for the processing of insurance claims. This authorization shall be considered valid for the duration of my treatment.

Signature of patient or authorized representative \_\_\_\_\_ Date \_\_\_\_\_